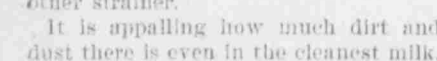


An Object Lesson to Young Mothers Regarding the Proper
Care of the Nursing Bottle.

At Randall's Island they have the most complete facilities for the suc-

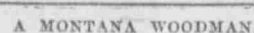


The milk was then put into a large airtight bottle, and the bottle set into ice to get very cold, but not to freeze. When sufficiently cold it was poured into an eight ounce nursing bottle—no

THE COOLING PROCESS.

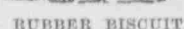
Two folds of the sterilized cheese cloth were then laid on a piece of clean, unpainted board—a kneading board is a good thing—and the bottles, necks downward, were dropped into the interstices of a wire rack and allowed to drain on to the cheesecloth. The nipples were dried with a piece of the same sterilized material and then wrapped in cheesecloth. The remainder of the cheesecloth was folded up in the sterilized towel and put away.

In just what proportions to dilute the milk after it has been sterilized and bottles and nipples made germ proof, is a question often asked by mothers through the columns of news-



Timber is in every country an important natural product, and in this country it has been especially plentiful, but up to within four or five years the American forests were allowed to run down and left in a bad condition. Since Commissioner Binger Herman became the official head controlling the forests many schemes have been instituted to repair the damaged forests, and their present improved condition is largely due to his strenuous efforts. One of his most recent schemes is the telephone system, which was established in California last spring. This system was only an experiment, but in all probability it will eventually be extended to all forest reserves in the United States.—New York Tribune.

To form the biscuits, the natives take long stakes of wood, sometimes pointed at the end, and quite frequently shaped like a paddle, dip them into the sap buckets or basins, holding them in the smoke after each dipping until the successive films of rubber solidify around them. A biscuit of Para rubber, therefore, represents the slow and laborious accumulation of hundreds of dippings, so that quite a stretch of the imagination would be necessary to arrive at the number of dippings required to form the huge Para biscuit illustrated herewith, which weighs 1120 pounds, and measures four feet five inches in height.



Silent Railroad Signals.—
Railway whistles inflict tortures on so many people that Austria has introduced a system of silent signaling. Belgium is trying compressed air whistles instead of steam, and Germany experiments with horns.

Statistics That Convince.

This, taken all over the farm area of the United States, would make \$5,000,000.

A Business Proposition

The steady progress of the good roads movement among farmers shows the study that is being given this very important economic question.

* A Mystery to Be Explained.
Some day a great philosopher will get born who will explain why a woman always addresses her envelope before she writes her letter.—New York Press.

As to Hat Crowns.

The crown of a man's hat is made to fit his head, that of a woman's fit her hair.

The Irish language is taught in only six schools in Ireland.

1309 11TH STREET, S. E.
WASHINGTON, D. C.
Oakmont and Silver Brook Whiskies
—A SPECIALTY.—

THE SUBURBAN OPTI-

THE NATIONAL GAME.

near the tail end. The Reds captured the series by twelve victories to eight.